

Making Project Plans using PCM methods

~From Problem Analysis to Project Formulation~



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Self introduction for ice breaking

Who am I? Who are the participants?

⇒ Your name, hometown the most favorite food, movies

Attention!

Good points of this workshop: Practical workshop with group discussions on case studies. You can obtain ability of creating projects.

I require you the following points

- Proactive participation

 - ⇒ proactively participate in the group work,

- No vertical relations in discussions

 - ⇒ No boss, no employee here. Everyone is equal.

- Don't criticize others' opinions in creating ideas.

Schedule of this workshop

Day 1

09:00 – 09:10 Introduction

09:10 – 09:30 What is Project Cycle Management?

09:30 – 10:00 Problem Analysis (Case study)

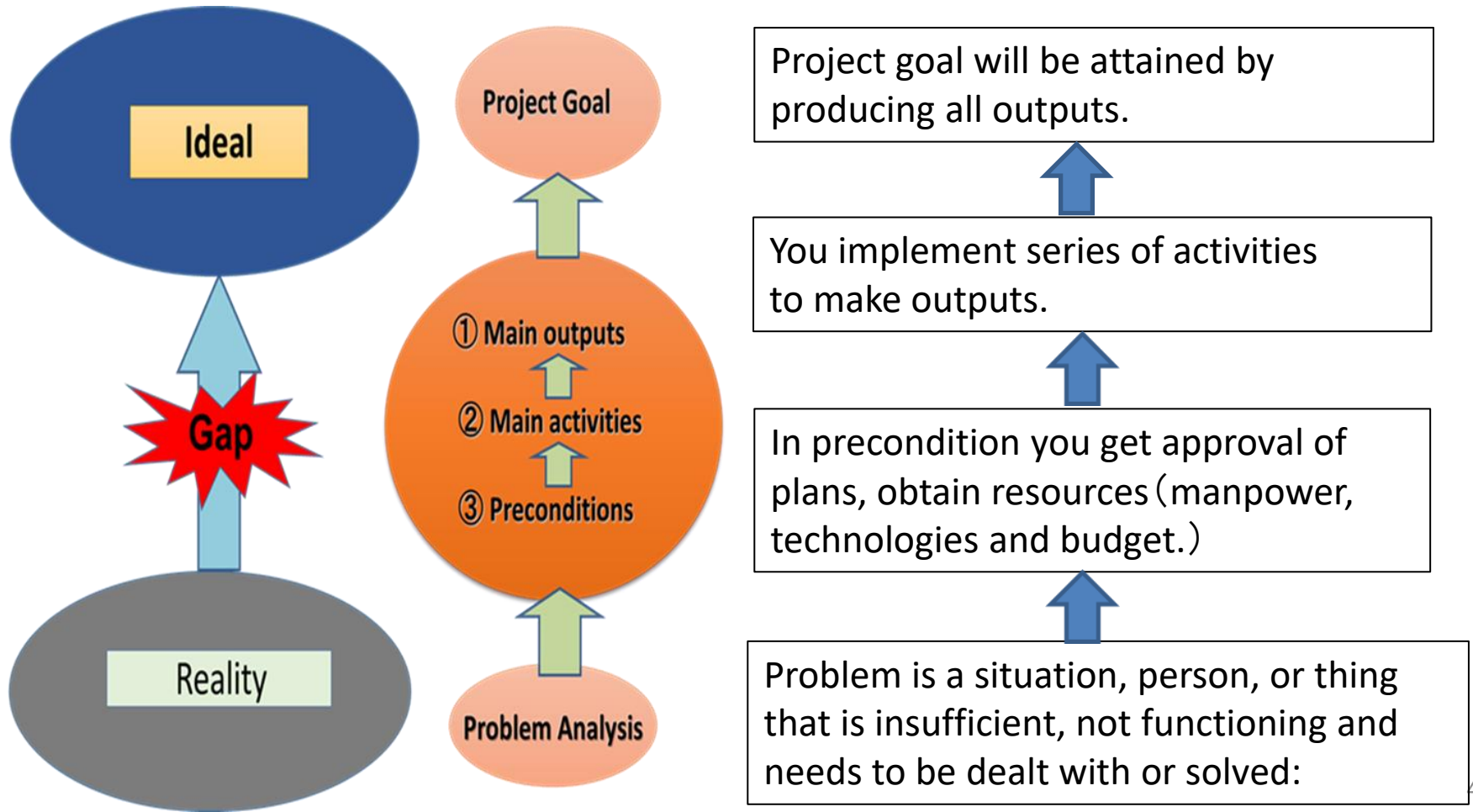
10:00 – 11:00 Problem Tree Making (Group work)

11:00 – 11:15 Break Time

11:15 – 12:00 Solution Analysis (Group work)

What is “Project”?

Project is the series of activities that fill the gap between reality and Ideal



What is PCM (Project Cycle Management)?

A method of managing project cycles of planning, implementation, and evaluation using a project summary table called PDM (Project Design Matrix).

PDM administrates PCM

Plan

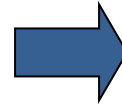
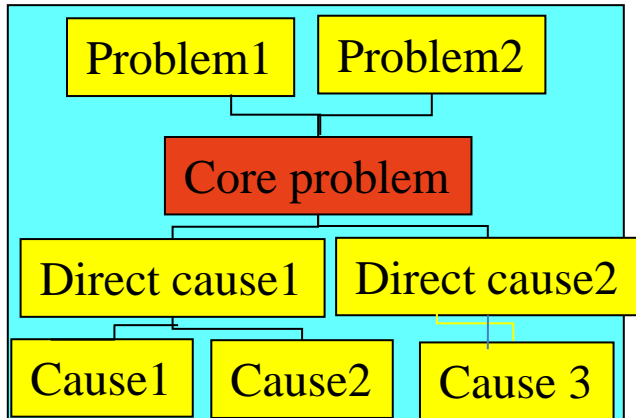
| | Indicators | Means of collecting indicators | External Factors |
|--|--|--------------------------------|---|
| Overall Goal What is expected after the project purpose is achieved? | Indicators for measuring project achievement. | Indicator data sources | Important, but, uncontrollable factors that may affects the project implementation. |
| Project Purpose What should the project achieve within the project period? | PDM | | |
| Outputs How should the project achieve the Project Purpose? | | | |
| Activities What should actually be done to achieve output? | Input Personnel, materials, equipment, facilities and funds that are required for the project. | | Pre-conditions Conditions that must be fulfilled before the project starts. |

See

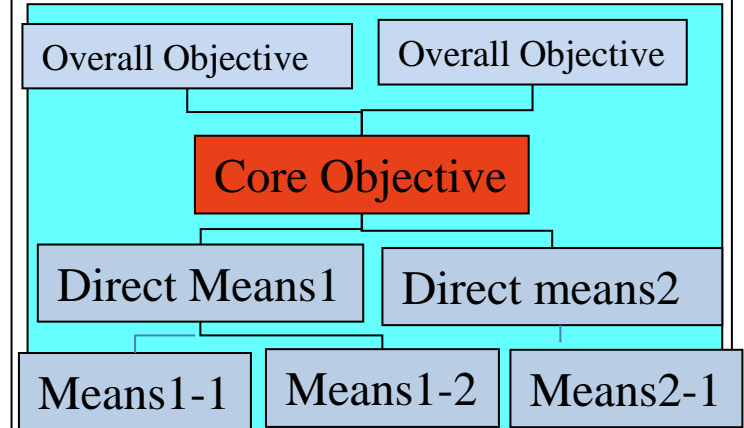
Do

5 Steps for Project Formulation

1. Problem Analysis



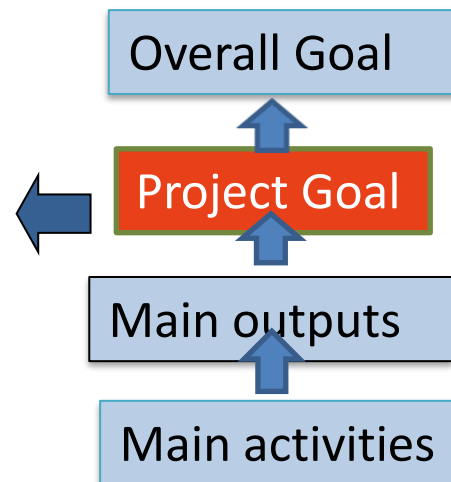
2. Solution Analysis



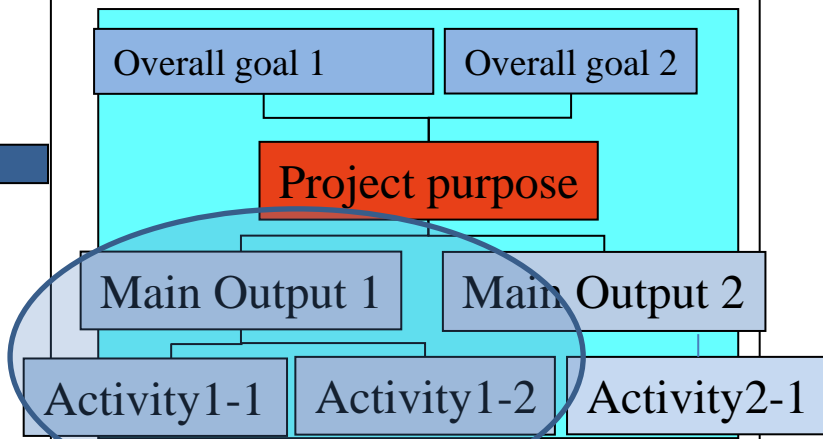
5. Creation of PDM

| | Indicators 指標 | Means of collecting indicators | External Factors 外部条件 |
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4. Logic Modeling



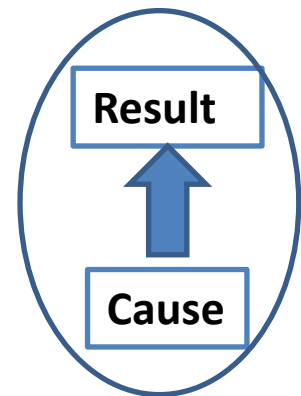
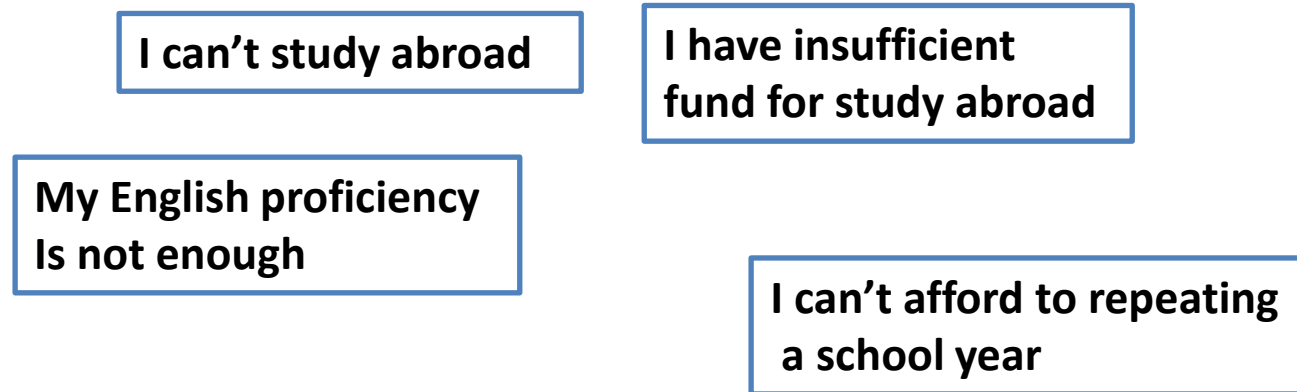
3. Project Identification



1. What is Problem Analysis?

To logically analyze the problems in “cause-result” relationship and summarize them in a tree-shaped diagram. This is the most important process in PCM.

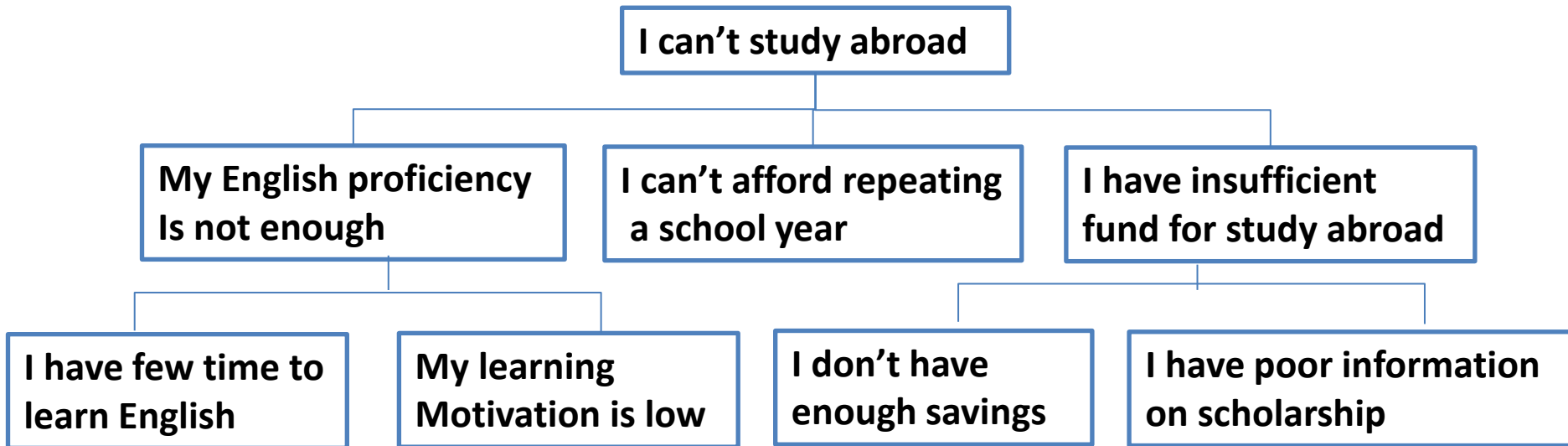
Why can't I study abroad? A case of a student



Let's put the following cards in order in accordance with “cause-result” order!

Why can't I study abroad? A case of a student

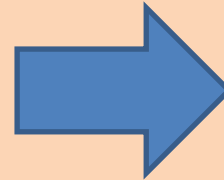
It goes like this!



How to make problem trees

- ① Find out various problems. If you come up with an idea, write it down on the card quickly as many as possible. Quantity is more important than quality in writing cards.
- ② Write one problem on one card. Write ideas in short sentence, but not in noun nor phrase.
- ③ Describe the problem in negative expression. Avoid the phrase “there is no...”. Instead, describe a negative situation.

No good 😞
**There is no
hospital**

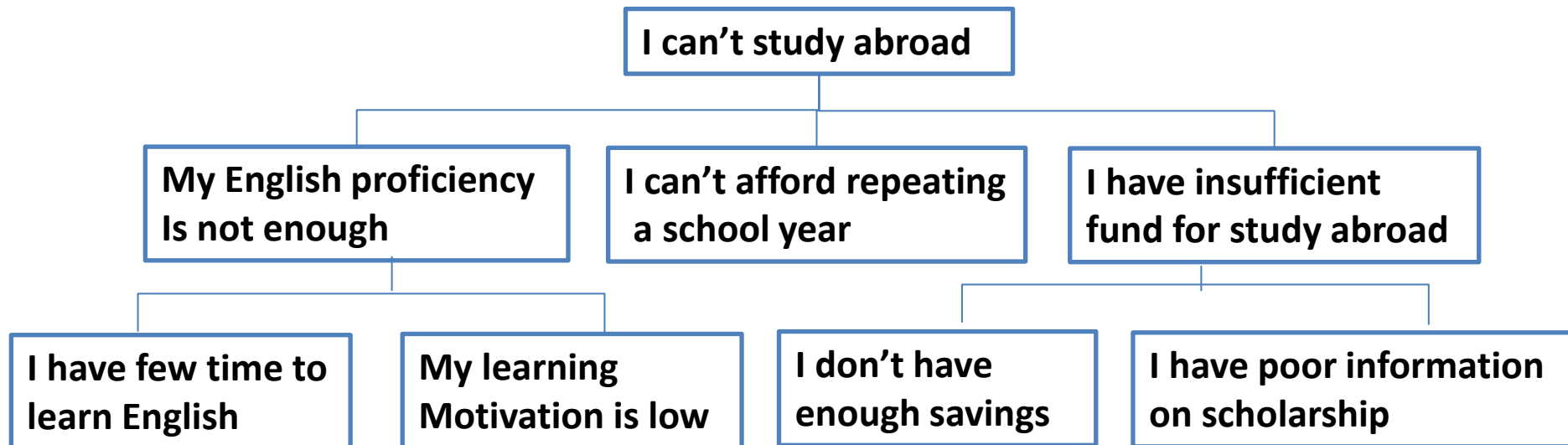


Good! 😊
**Modern medicine
is not provided**

How to make problem trees

- ④ You must not criticize other's card nor opinion, since criticism stop free flow of ideas.
- ⑤ Put the cards on the board, discussing cause and result relations in the group.
- ⑥ If the cause-result relations is right, link them by line.

Why can't I study abroad? A case of a student



Let's try to make a problem tree!

I opened a bakery shop in Dushanbe suburban area, but I haven't had many customers coming in since the opening. The shop locates rather far from the main street, surrounded by households with many children. According to my friends the price of our products are rather high and not attractive to children.



Few customers come in

Let's try making a problem tree!

Products are not attractive

Price is high

Shop locates far from bus stop

Problem Analysis of Bakery Shop Case

Operating money is not sufficient

Household expense gets short

Sales are low

Core problem

There are very few customers coming in

Result

Cause

Price of the products are high

Products are not attractive to children

Access to the shop is far from bus stop

Production cost is high

Products doesn't look good

Products doesn't taste good

Labor cost is high

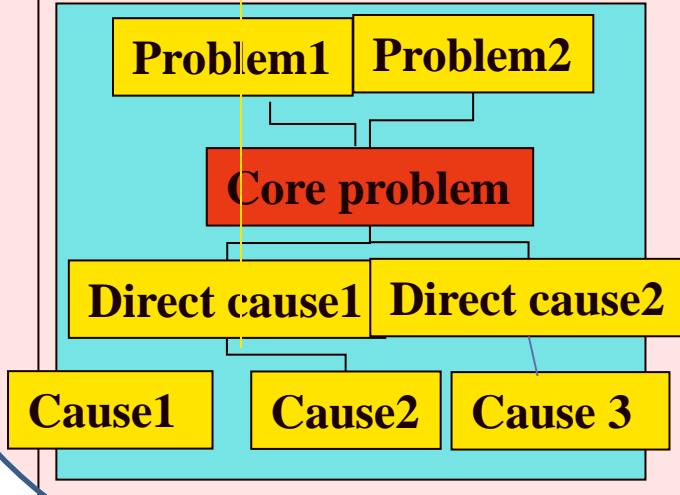
Fuel price is rising

Craftmanship is not sufficient

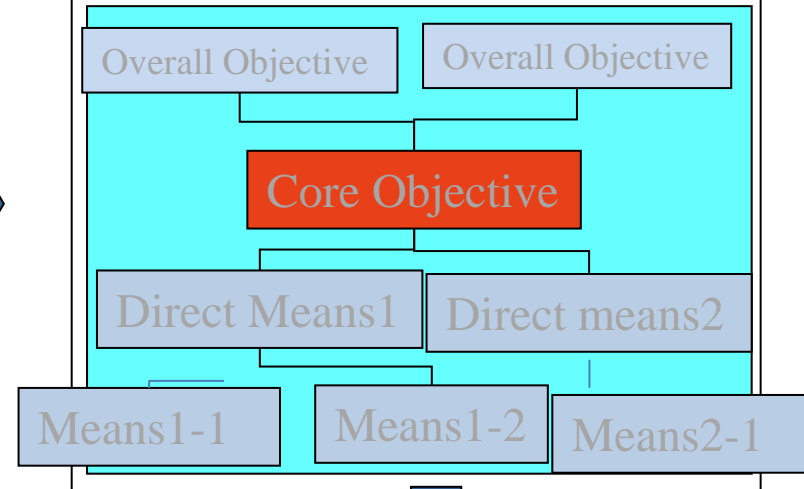
Materials are low-quality

Problem Tree making

1. Problem Analysis



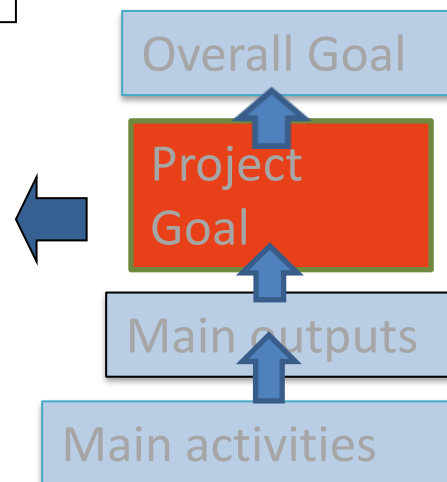
2. Objective Analysis



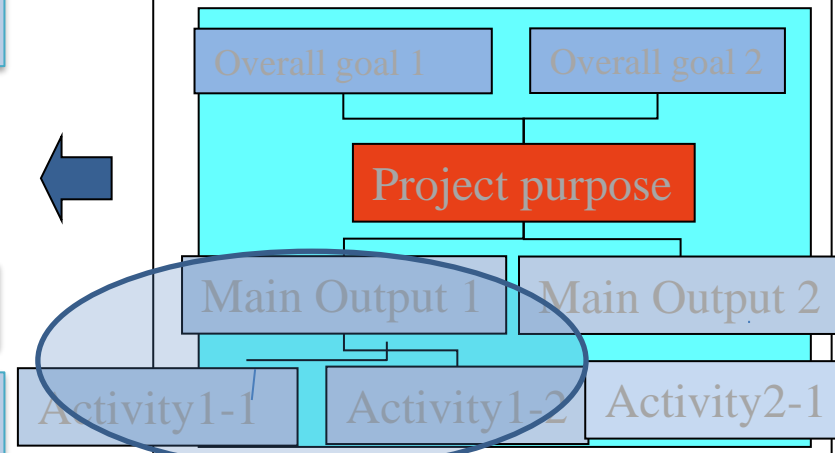
5. Creation of PDM

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4. Logic Modeling



3. Project Identification



Case study of Timur village

Timur is a mountain village in a country of Central Asia, with about 500 people, most of whom are micro-farmers. There is very little employment other than farming. Farmers plant barley and vegetables on small lands less than 1 acre/a head. They sell their products to earn cash and consume some by themselves. Access to agricultural machinery is poor due to a lack of service providers. The village is in a semi-arid area, but snow-melting water flows through the mountains nearby. There are few irrigation facilities. Only 10 % of farmers are members of Dehkan, but the members are increasing nowadays.

Farmers' income is low

Access to agricultural machinery is poor

Land is small

Yield is low

Farmers are not organized

Irrigation is not sufficient



Case study of Timur village

The cultivation method is traditional. Mostly they sow seeds on land, without preparing seedlings. As a result of these situations, yields are 50% lower than the national average, and farmers' income stays low.

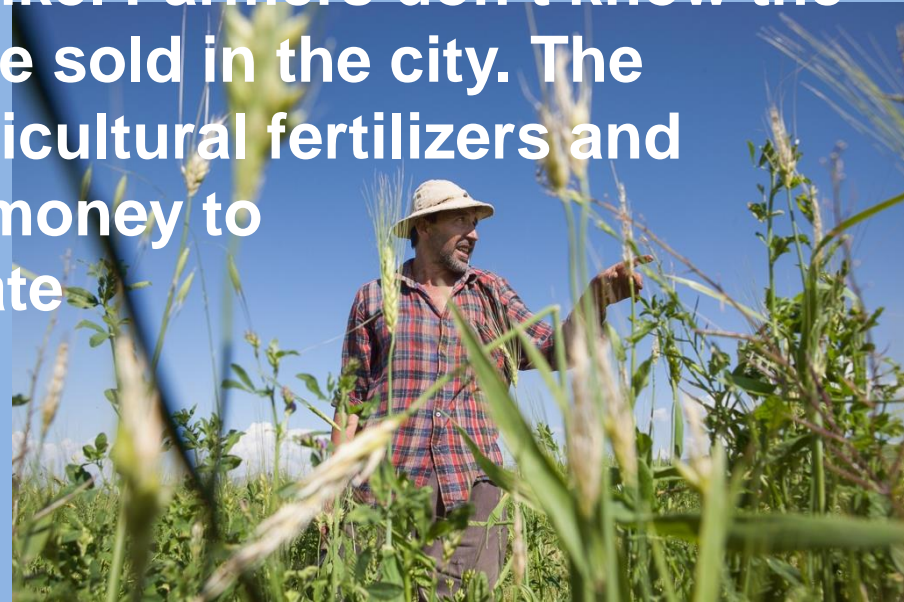
The agricultural Institute in Rudaki City, located 20 km from this village, has new agricultural technology. Its extension staff sometimes come to the village to provide guidance.

Brokers from Rudaki City come to buy agricultural products at low prices as they like. Farmers don't know the price at which their products are sold in the city. The brokers also sell necessary agricultural fertilizers and materials and sometimes lend money to the farmers at a high-interest rate.

**Cultivation method
is outdated**

**Farmers don't know
their product price**

Price of the products is low



Case study of Timur village

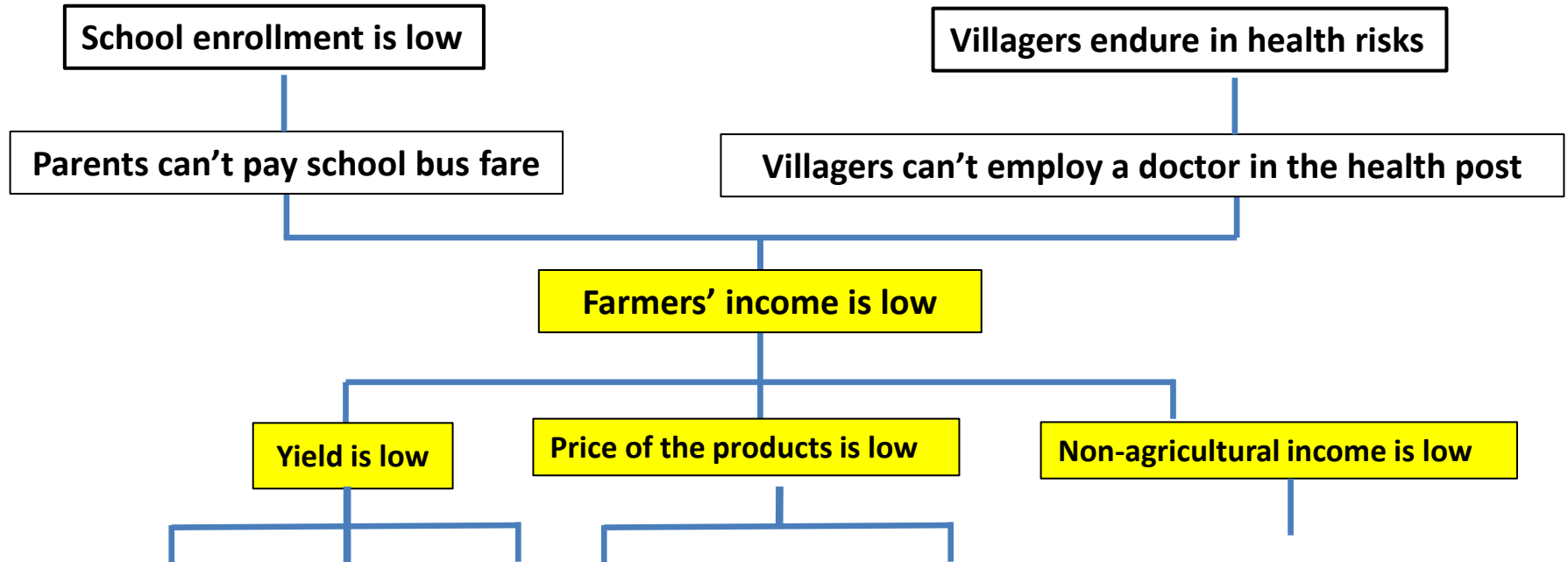
There is an elementary school in the village, but school enrollment is low because bus fare to the secondary school outside the village is a heavy burden to parents. There is a health post in the village without a doctor. When villagers fall into serious sickness, they must travel 10 km to a clinic in the nearest town, or a hospital in Rudaki City.



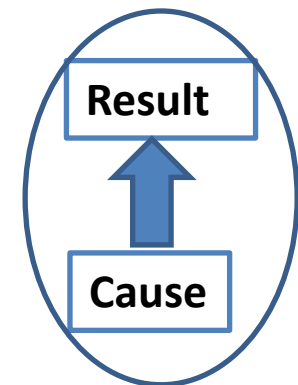
Young men begin their work carrier in Rudaki City, then, most of them have to immigrate to Russia for construction labor to complement household income. Remittances from migrant laborers are usually used to renovate houses and update the furniture in their households. Only a few people start to open shops. Women in the village are generally hard-working, engaging in not only childcare and housework but also in farming work.

Remittance from immigrant workers is not utilized for setup

Let's begin making problem tree!

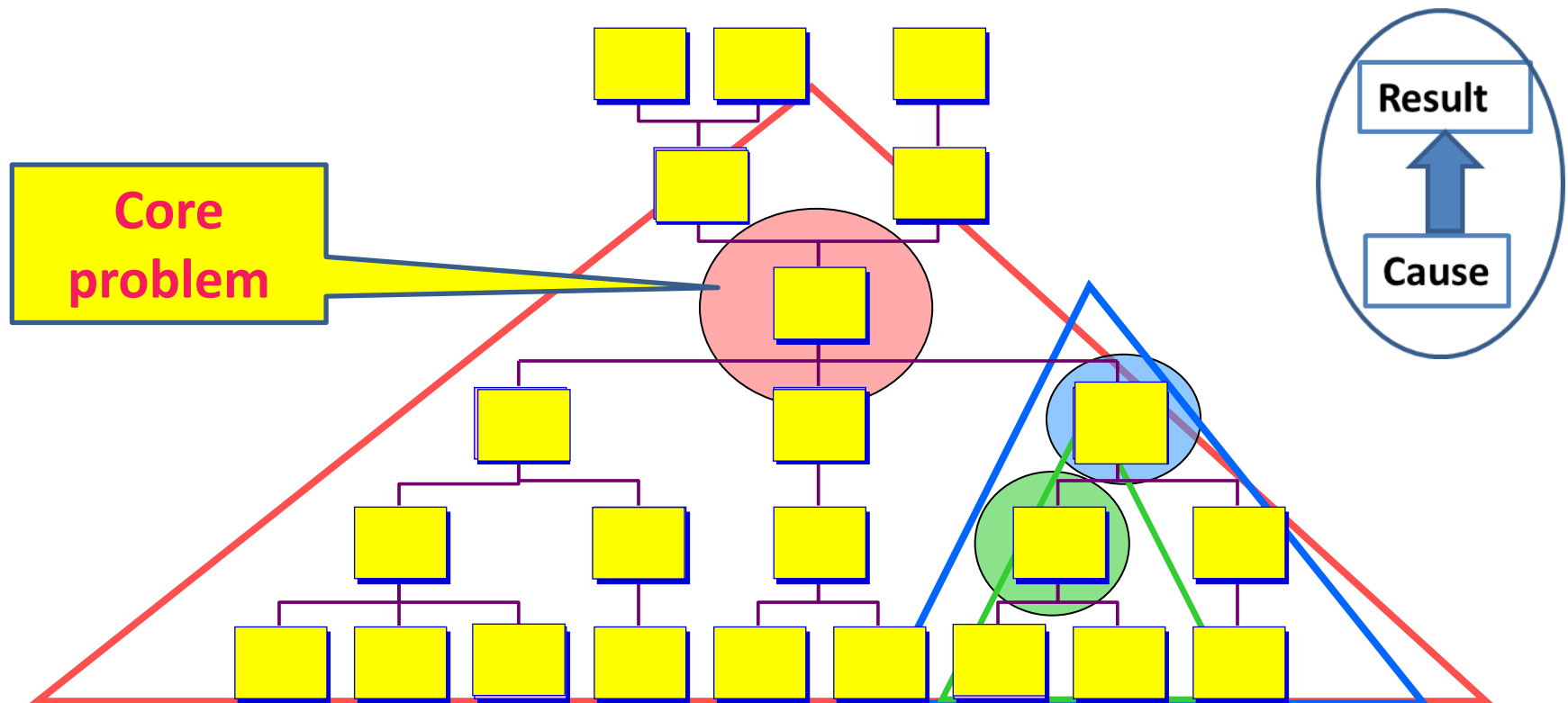


Problem cards were put in accordance with the "cause-result" correlations



What is “Core Problem”?

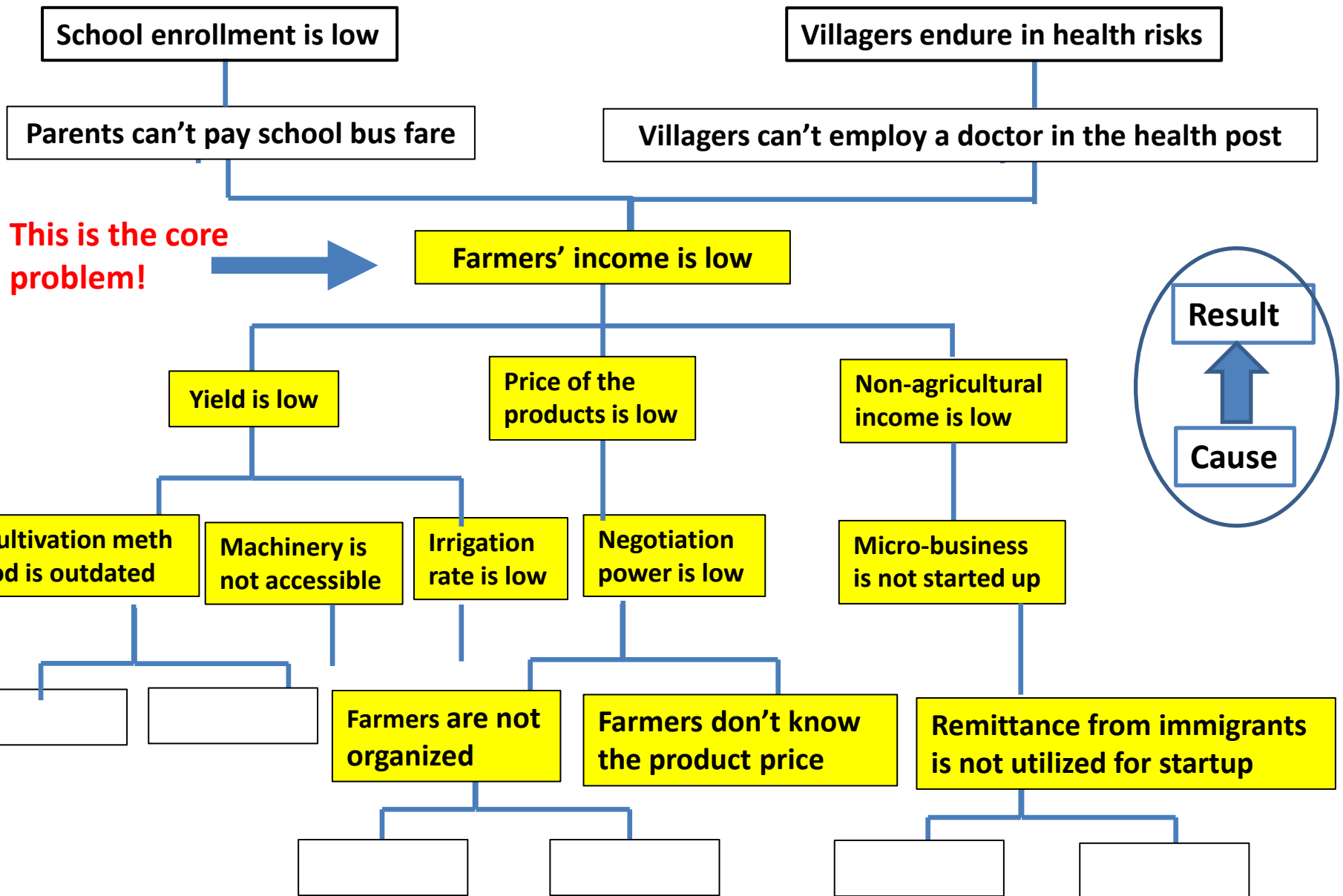
Core problem results from many causes connected underneath. You can also call it a “bottleneck”. If you find out the core problem, create further problem cards below “core problem”.



Let's try to make your problem tree of Timur village!

Case study of Timur village

An example of problem tree making



The end of Day 1

Making Project Plans using PCM methods

~From Problem Analysis to Project Formulation~

Day 2



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Schedule of this workshop

Day 2

09:00 – 09:15 Review of the yesterday's outputs

09:15 – 09:45 Solution Analysis¥

Project identification and selection of projects (Group work)

09:10 – 09:30 Logic Modeling

Relation between Solution analysis and PDM

09:30 – 10:00 What are Pre-condition, External Conditions and Inputs? (Group work)

10:10 – 10:50 How to set indicators (Group work)

10:50 – 11:00 Break Time

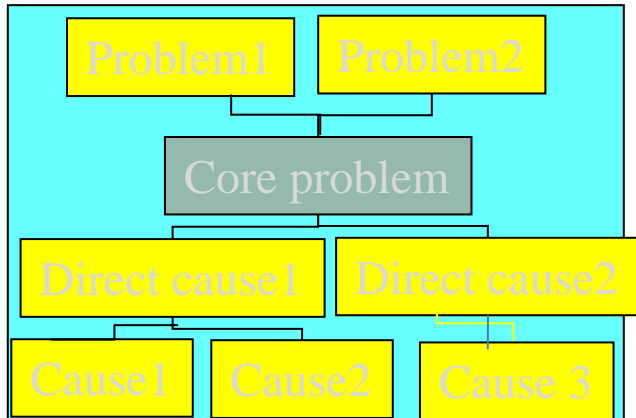
11:00 – 11:20 Completing PDM (Group work)

11:20 – 11:50 Making Project Papers (Individual work)

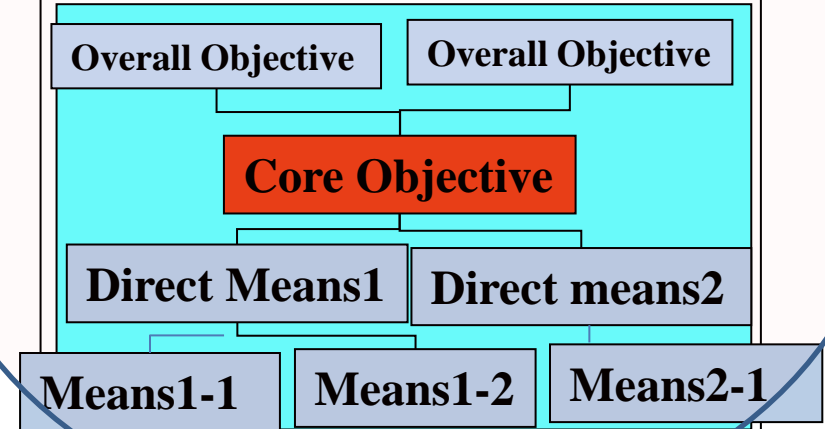
11:50 – 12:00 Review of the session

Solution Analysis

1. Problem Tree Making



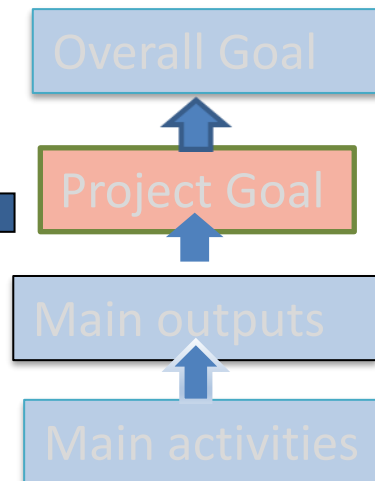
2. Solution Analysis



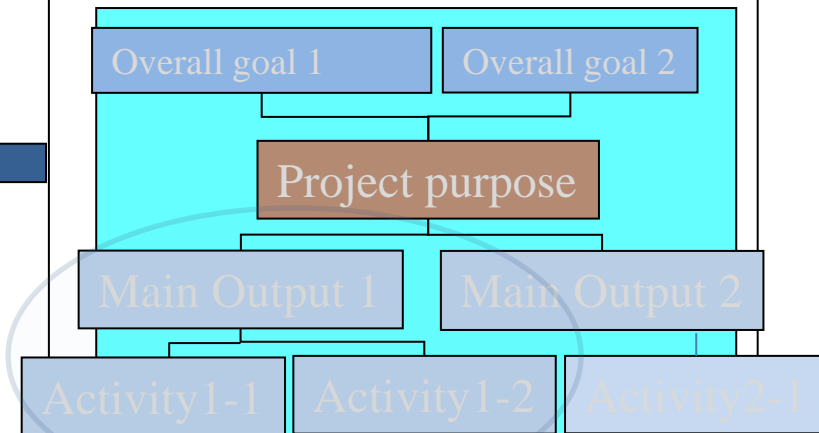
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4. Logic Modeling



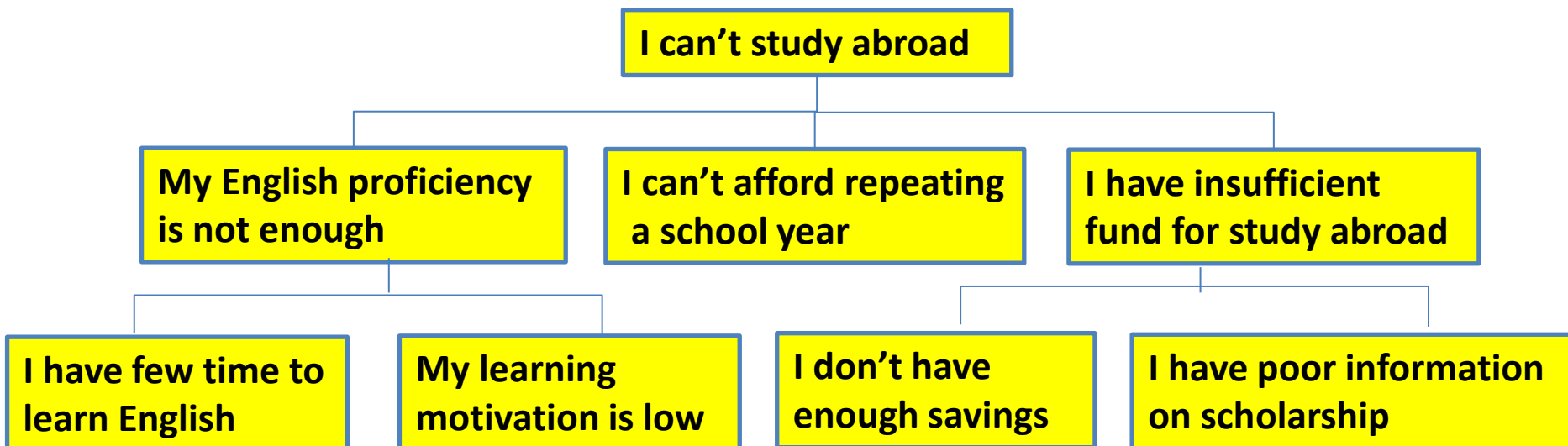
3. Project Identification



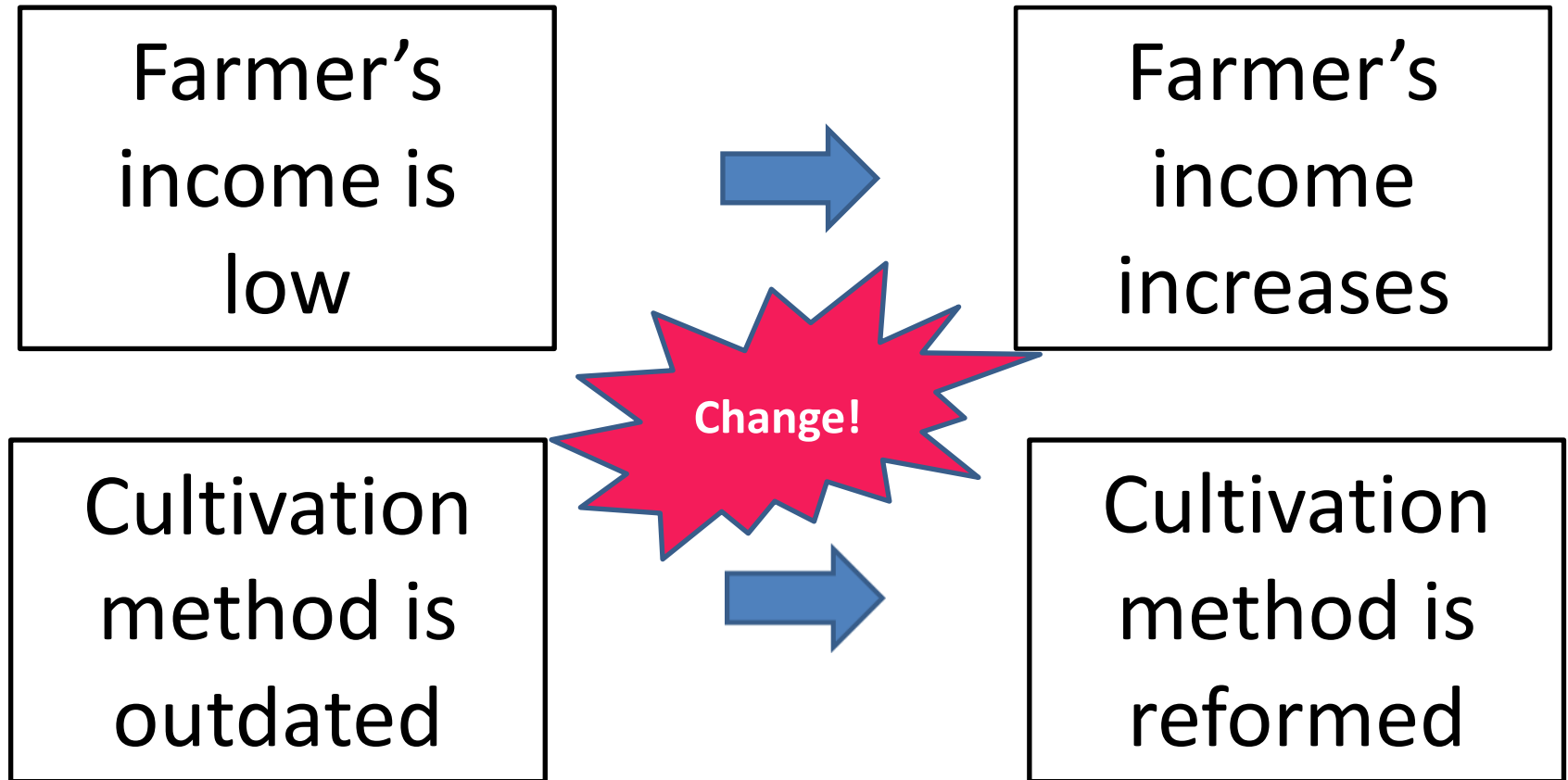
What is Solution Analysis?

To turn problems into solutions by reversing the cards of negative expressions into positive expressions.

Exercise: Let's turn negative expression into positive expression in the following problem tree in the case "I can't study abroad".



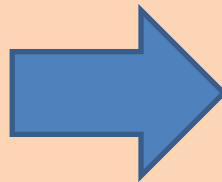
Problem cards \Rightarrow Solution cards



How to make Solution Analysis

- ① Turn the core problem into a solution by positive expression.
- ② Express an ideal situation in a present tense that the problem is solved.

No good 😞
Micro-business
was started up



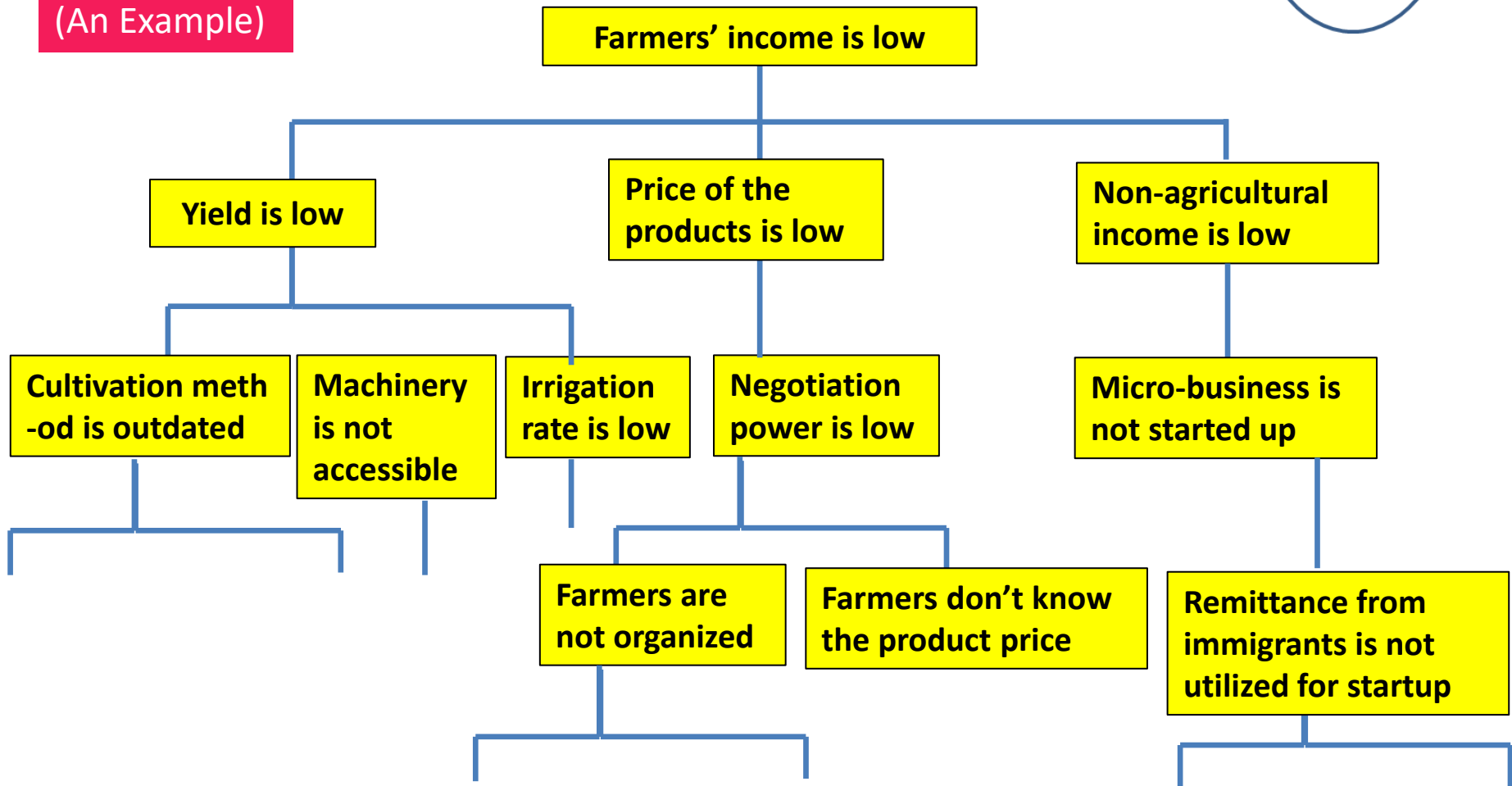
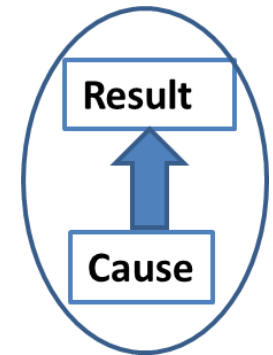
Good! 😊
Micro-business
increases

- ③ Go down to problem cards under the core problem.
- ④ Confirm solution-means correlation is correct.
- ⑤ Add new cards, if necessary, to clarify the means to achieve the solution.

Case study of Timur village

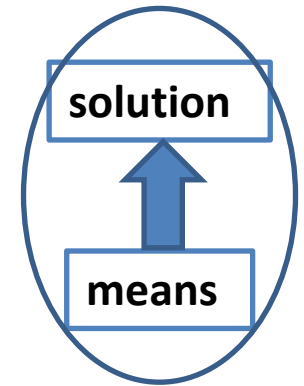
Let's turn negative expression into positive expression in the following problem tree!

Problem Tree
(An Example)



Case study of Timur village

Solution Tree (An example)



Farmers' income increase

**Yield
increase**

**Appropriate prices of the
products are maintained**

**Non-agricultural
income increase**

**Cultivation meth-
-od is reformed**

**Machinery is
accessible**

**Irrigation
is developed**

**Negotiation
power improves**

**Micro-business
increases**

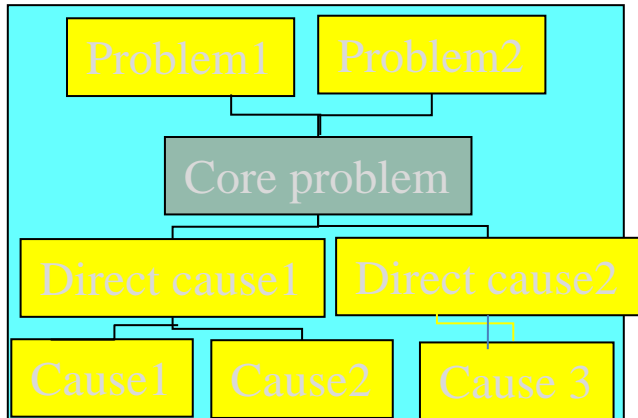
**Farmers are
organized**

**Farmers know
the product price**

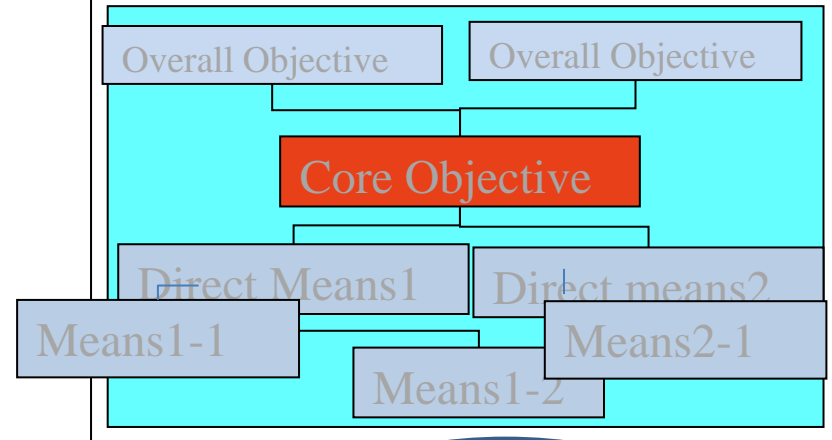
**Remittance from
immigrant is utilized
for startup**

Project Identification

1. Problem Tree Making



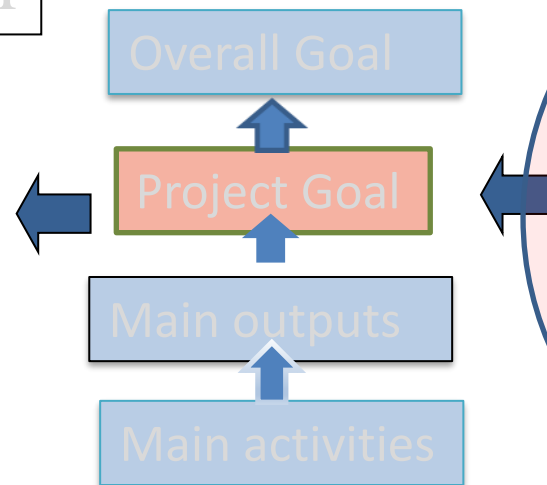
2. Objective Analysis



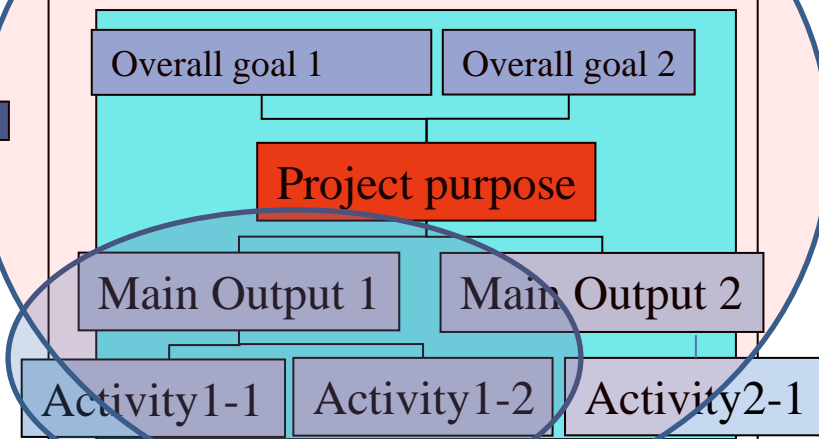
5. Creation of PDM

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4. Logic Modeling

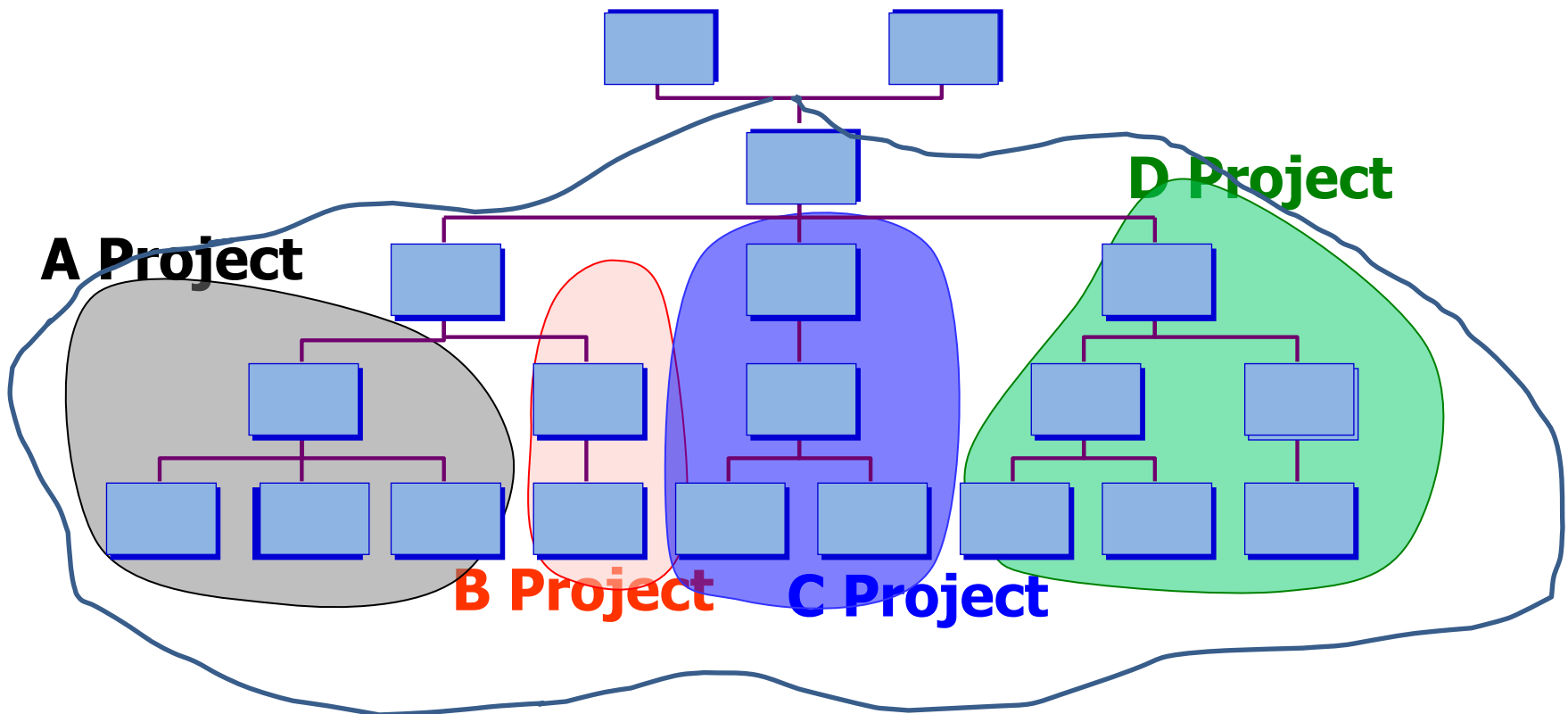


3. Project Identification



What is Project Identification?

Identify projects by surrounding a cluster of branches approaching the same solution with a frame.

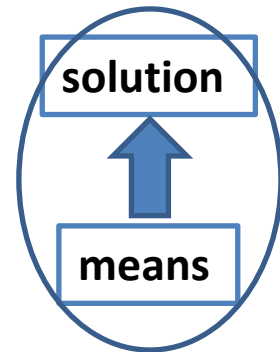


How to identify projects

Find out clusters in which all means are approaching the same solution.

Exercise: Let's identify 4 projects in the following solution tree by surrounding clusters with frames, then name them!

Why can't I study abroad? A case of a student



I am able to study abroad

My English proficiency
Is improved

I am able to graduate without
repeating a school year

I have sufficient fund
for study abroad

I have time to
learn English

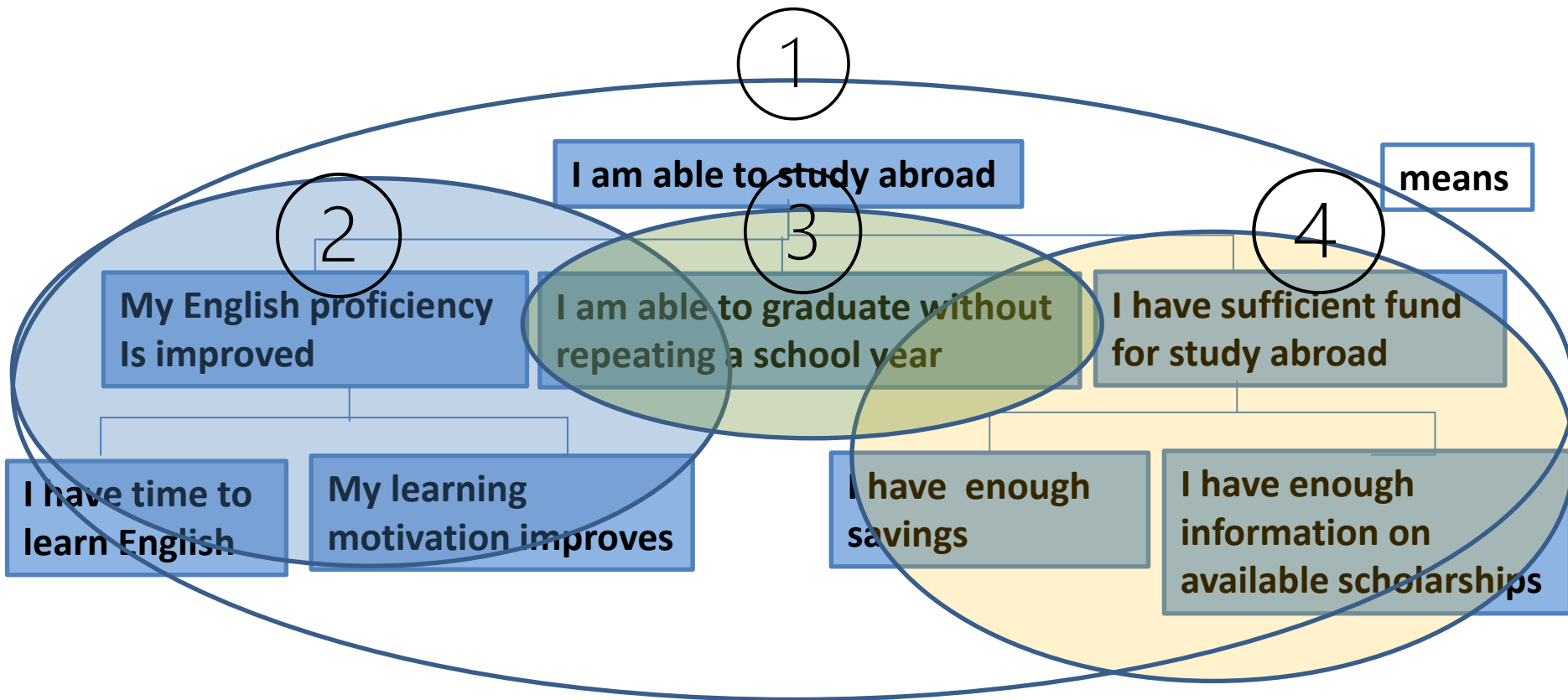
My learning
motivation improves

I have enough
savings

I have enough information
on available scholarships

We can make at least 4 projects
in this solution tree!

Why can't I study abroad? A case of a student



Identify projects in your solution tree

Case study of Timur village

Project Identification
(An example)

①Project for Farmers income improvement

Farmers' income increase

②Project for increasing the
yield of agricultural products

Yield
increase

Cultivation meth
od is reformed

Machinery is
accessible

③Project for maintaining
appropriate prices

Appropriate prices of the
products are maintained

Irrigation
is developed

Negotiation
power improves

Farmers develop
direct sales routes

Farmers know
the product price

④Project for increasing
non-agricultural income

Non-agricultural
income increase

Micro-business
increases

Remittance from
immigrant is utilized
for startup

solution

means

Solution Tree
(An example)

Selection of projects

Prioritize the projects by important criteria such as; Cost, Transferring technology, Effect on the core problem, Policy priority, People's needs, Sustainability, Urgency, Ability of implementing agency, Environment impact, etc.
Make a comparison list like below, and make selection.

* 4-grade score evaluation

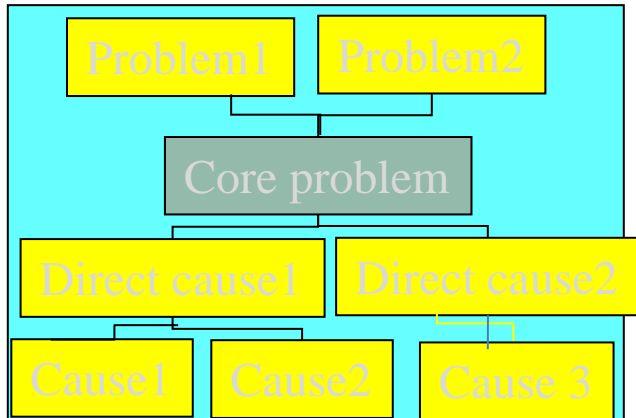
| Project | Effect on the core problem | Cost | Sustainability | Urgency | total |
|------------|----------------------------|----------|----------------|---------|-------|
| ○○ Project | High 4 | High 1 | High 4 | High 3 | 12 |
| ○△ Project | Middle 2 | Middle 2 | High 3 | Low 1 | 8 |
| △△ Project | Low 1 | Low 4 | Low 2 | High 4 | 11 |

Selection criteria

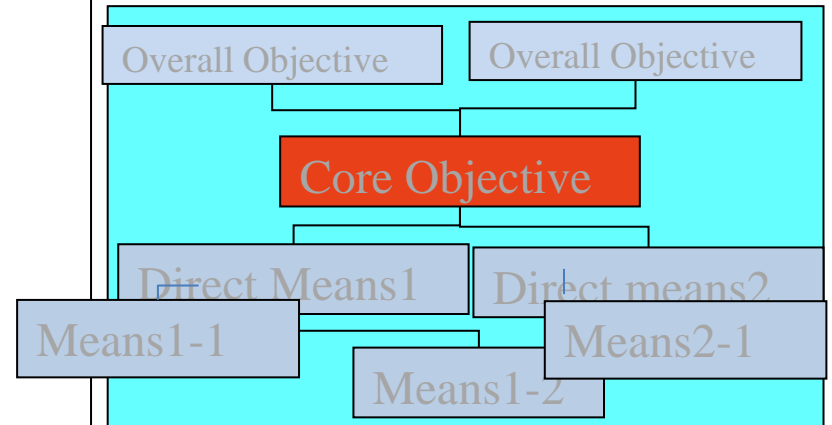
| | Criteria | Point |
|---|------------------------------|---|
| 1 | Cost | How much is the budget available to implement the projects? Select a project within the available budget. |
| 2 | Transferring technology | Is the technology to be transferred available in the implementing agency? If not, it must be outsourced. |
| 3 | Effect on the core problem | Does the purpose of the project contribute more to the core problem than other projects? |
| 4 | Political priority | Is the project purpose matching with the political priority of the government and implementing agency? |
| 5 | People's needs | Does the project directly meet targeting people's needs? Do the people support the project implementation? |
| 6 | Sustainability | Will the project outcome continue for a long time? Does the recipient bear the recurrent cost after the project? |
| 7 | Urgency | Is the project required to implement urgently, or can it be implemented anytime? |
| 8 | implementing Agency' ability | Is the ability of implementing agency enough? If not, is there any options? |
| 9 | Environment Impact | Does the project have a grave impact on the environment? If it cannot be reduced to an acceptable level, give up the project. |

Logic Modeling

1. Problem Tree Making



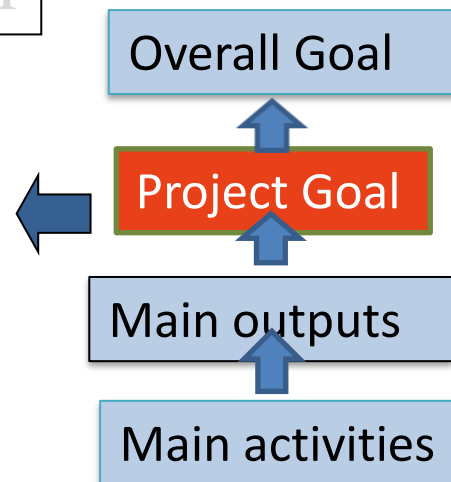
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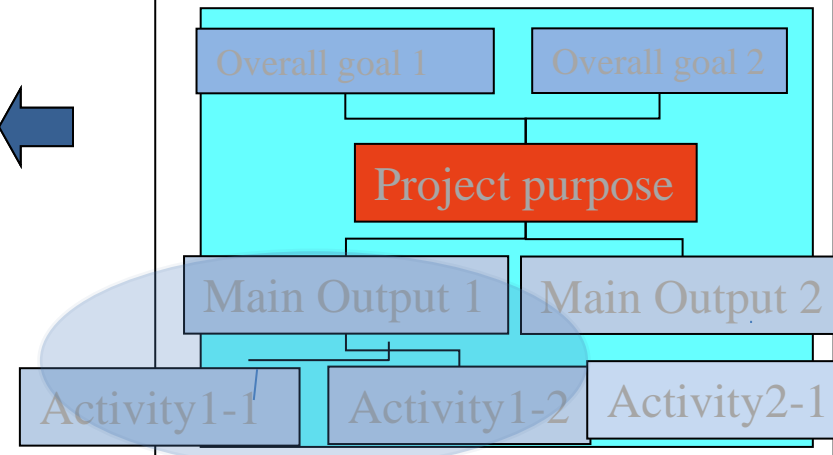
5. Creation of PDM

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4. Logic Modeling



3. Project Identification



Case study of Timur village

Solution Tree
(An example)

① Project for Farmers income improvement

solution

means

Farmers' income increase

② Project for increasing the yield of agricultural products

③ Project for maintaining appropriate prices

④ Project for increasing non-agricultural income

Yield increase

Appropriate prices of the products are maintained

Non-agricultural income increase

Cultivation method is reformed

Machinery is accessible

Irrigation is developed

Negotiation power improves

Micro-business increases

Farmers develop direct sales routes

Farmers know the product price

Remittance from immigrant is utilized for startup

Take out this project to the next page

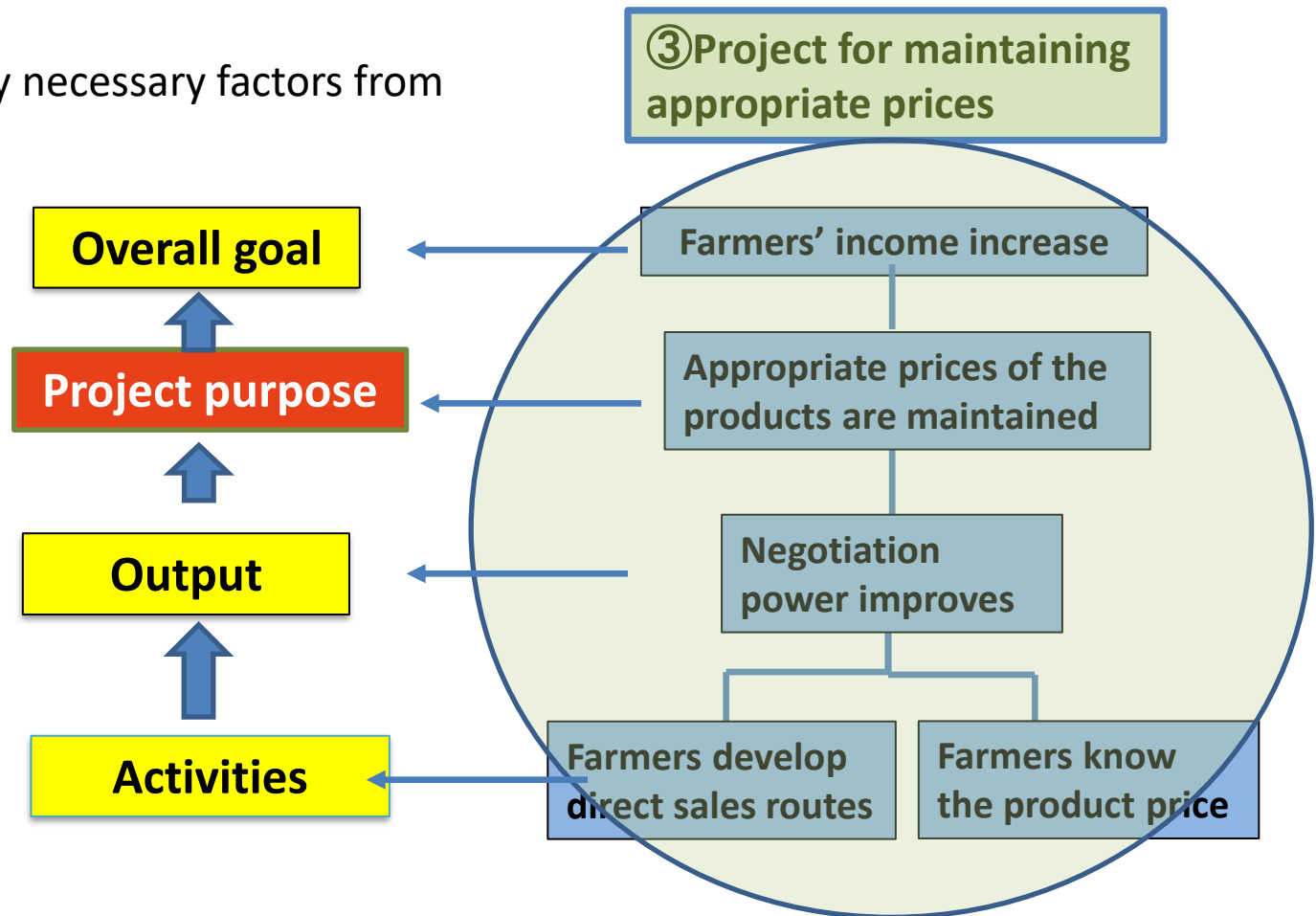


What is Logic Model?

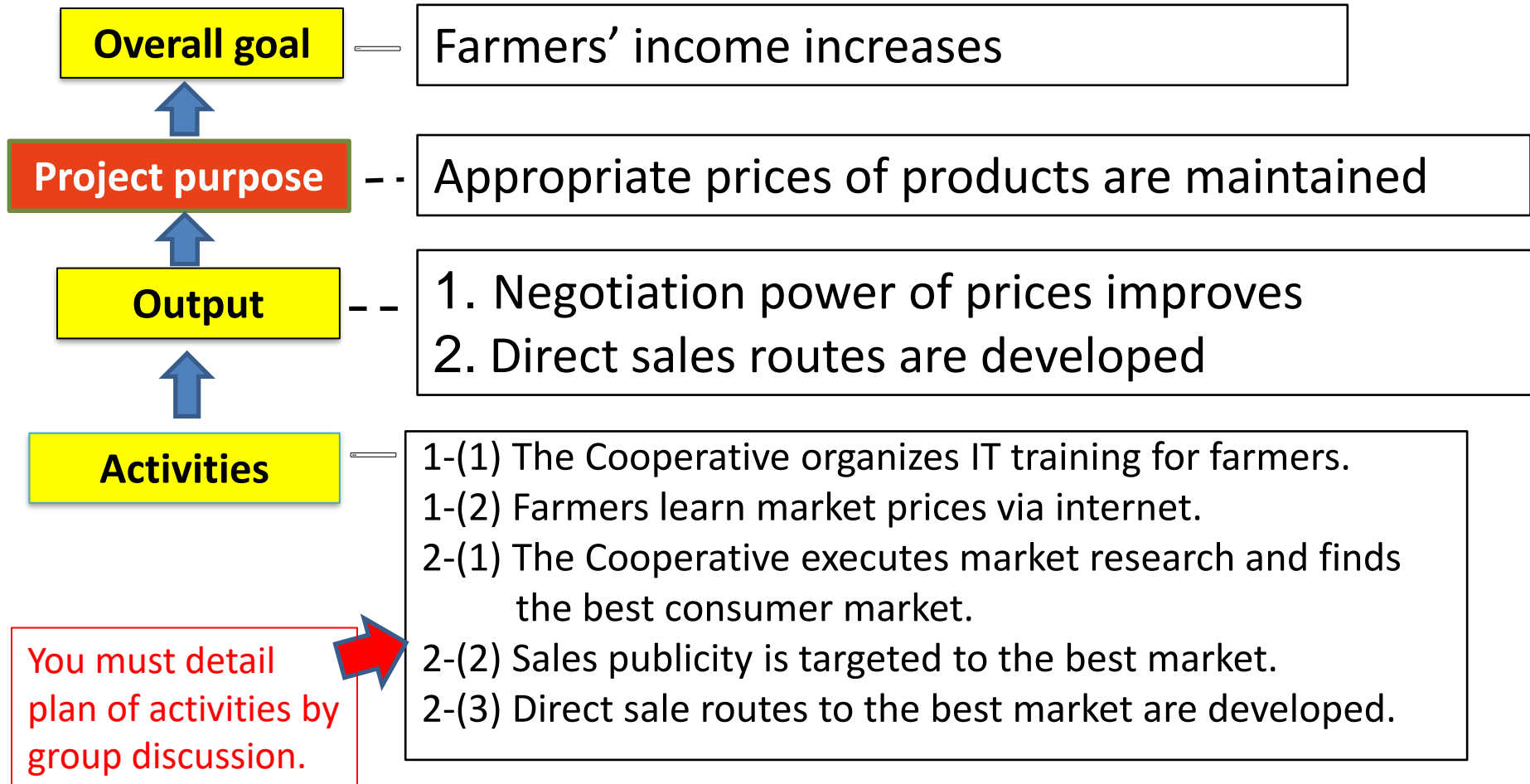
Logic Model shows “means-solution” correlation to attain the project goal logically in a simple chart. It is also called “theory of change”

You can bring every necessary factors from Solution tree.

To complete logic model,
see next page



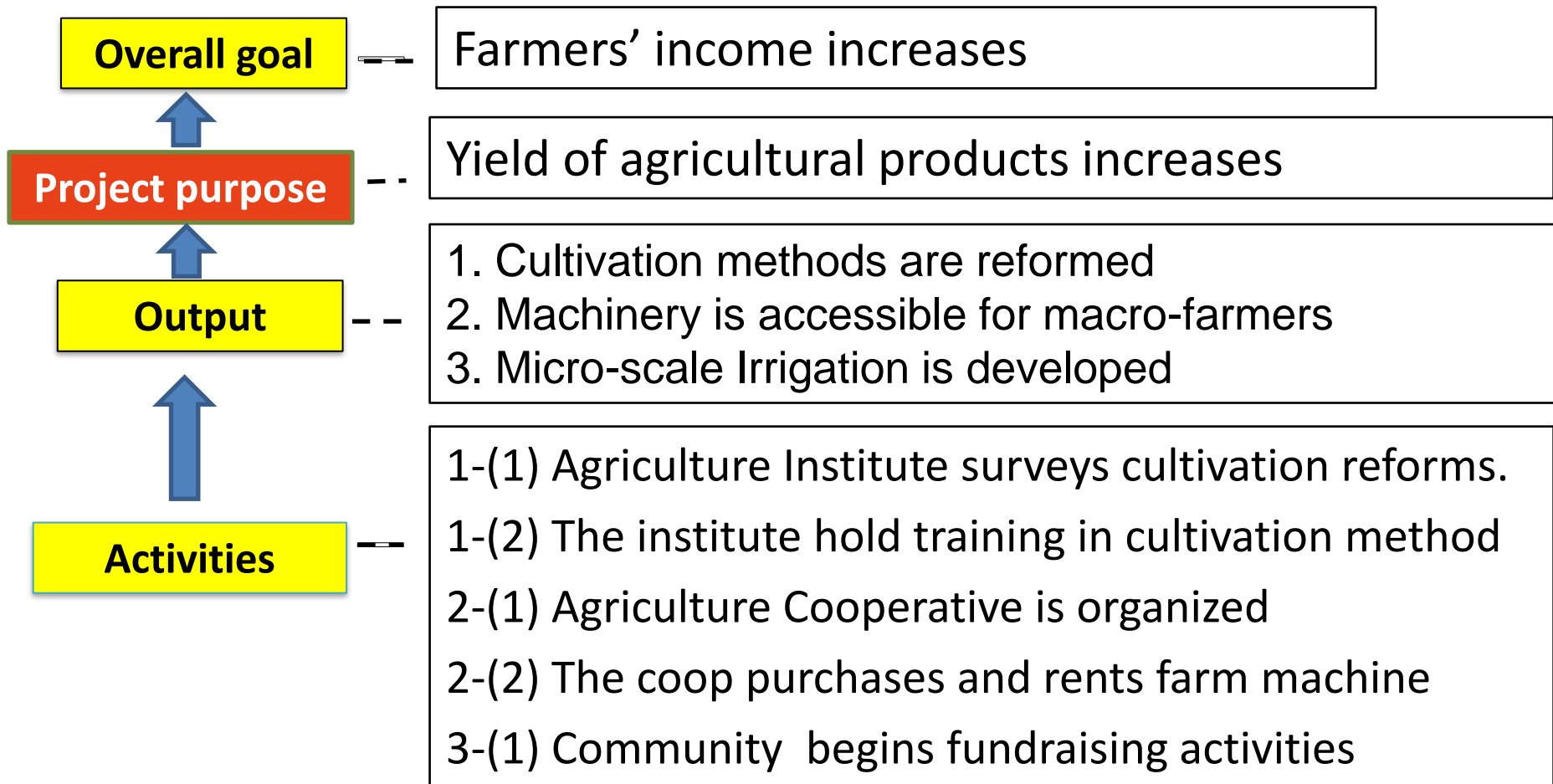
③Project for maintaining appropriate prices (logic model)



Case study of Timur village

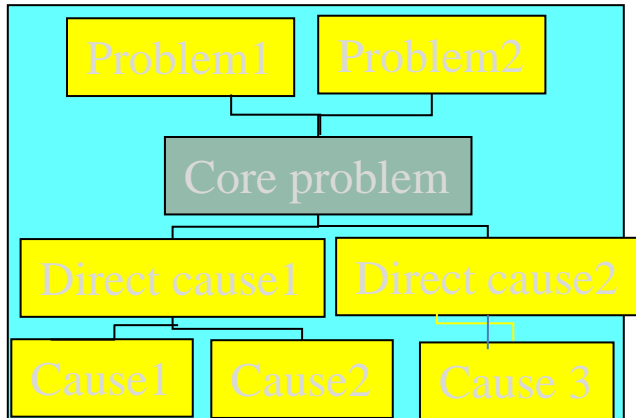
(An example)

② Project for increasing the yield of agricultural products (Logic Model)

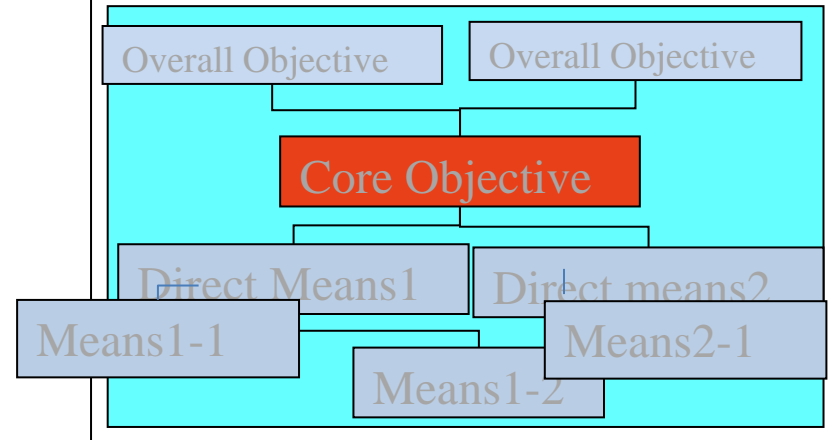


Creation of PDM

1. Problem Tree Making



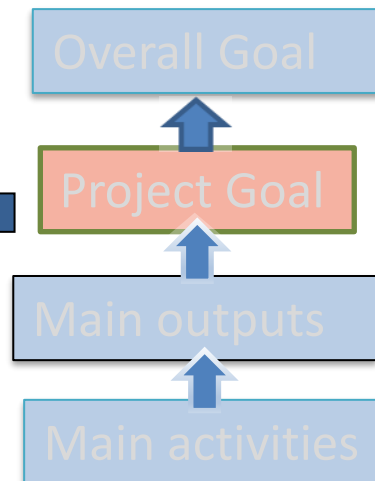
2. Objective Analysis



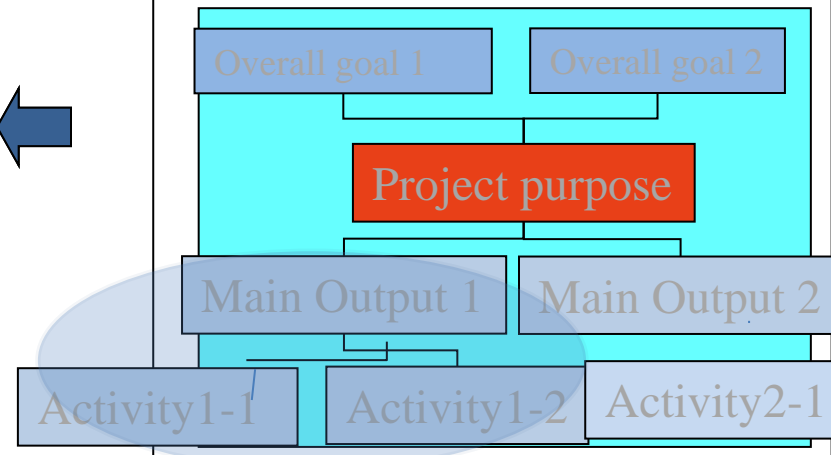
5. Creation of PDM

| | Indicators 指標 | Means of collecting indicators | External Factors 外部条件 |
|--|---|-----------------------------------|--|
| Overall Goal 上位目標 What is expected after the project purpose is achieved? | Indicators for measuring project achievement. | Indicator data sources | Important, but, uncontrollable factors that may affects the project implementation. |
| Project Purpose What should the project achieve within the project period? | | | |
| Outputs アウトプット How should the project achieve the Project Purpose? | | | |
| Activities 活動 What should actually be done to achieve output? | Input 投入 Personnel, materials, equipment, facilities and funds that are required for the project. | | Pre-conditions 前提条件 Conditions that must be fulfilled before the project starts. |

4. Logic Modeling



3. Project Identification



What is PDM (Project Design Matrix)

- A summary table of the project in a 4x4 matrix
- The most basic planning document for a project
- We create PDM from Logic Model or Solution Tree.

| Project summary | Indicators | Source of data | External conditions |
|------------------------|-------------------|-----------------------|----------------------------|
| Overall goal | | | |
| Project purpose | | | |
| Outputs | | | |
| Activities | Inputs | | |
| | | | Preconditions |

Create “Project Summary” from “Logic Model”

Overall goal

-- Farmers' income increases



Project purpose

-- Yield of agricultural products increases



Output

--
1. Cultivation methods are reformed
2. Machinery is accessible for macro-farmers
3. Micro-scale Irrigation is developed



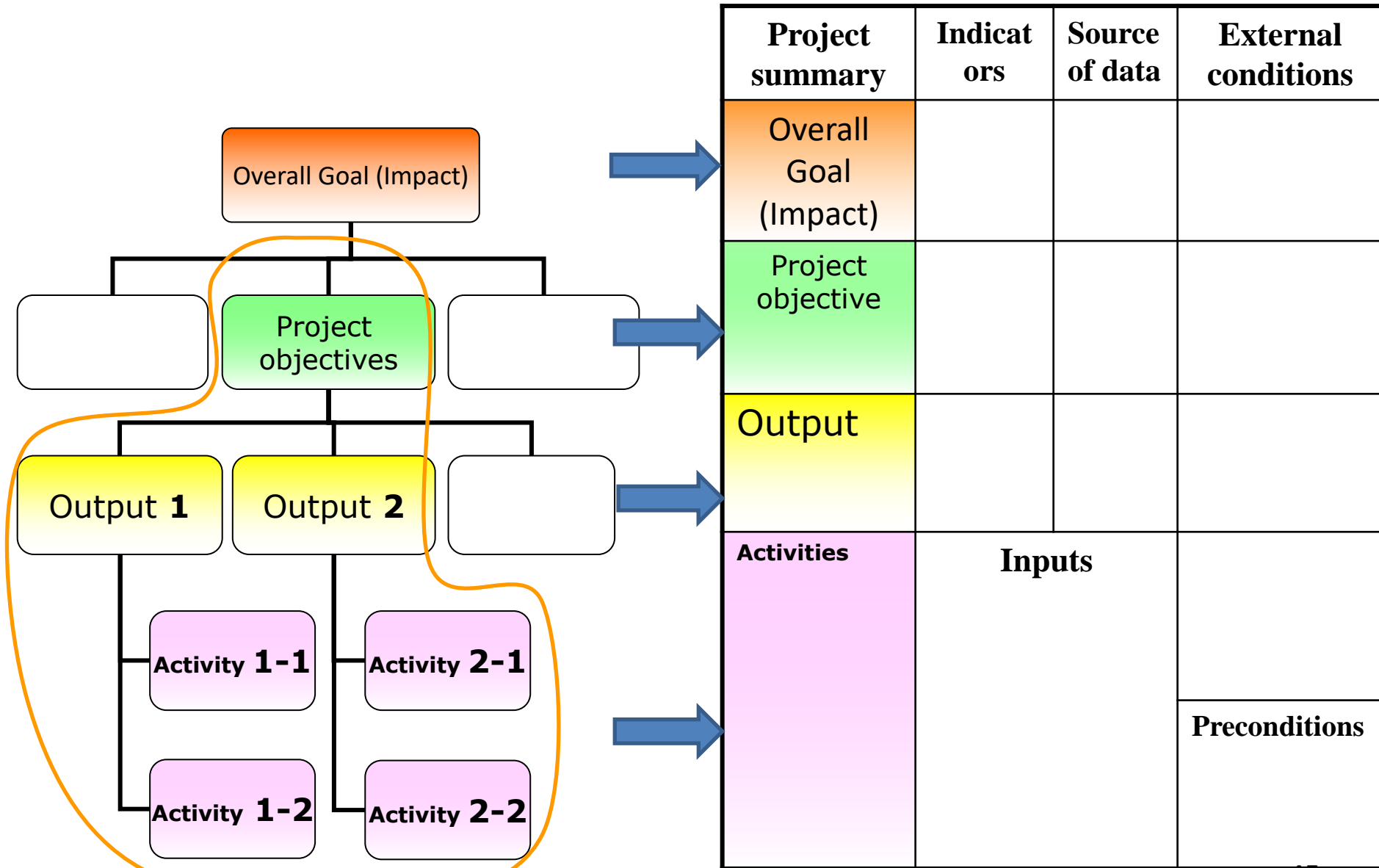
Activities

--
1-(1) Agriculture Institute surveys cultivation reforms.
1-(2) The institute hold training in cultivation method
2-(1) Agriculture Cooperative is organized
2-(2) The coop purchases and rents farm machine
3-(1) Community begins fundraising activities



| Project summary | Indicators | Source of data | External conditions |
|-------------------|------------|----------------|---------------------|
| Overall Goal | | | |
| Project objective | | | |
| Outputs | | | |
| Activities | Input | | Pre-condition |

Create “Project Summary” from “Solution Tree”



What is "Inputs" in PDM?

- Inputs is necessary infrastructures to begin the project.
- They usually includes man-power, equipment, facilities, budget to operate the project.
- In case the project is jointly implemented by more than 2 implementers, split them into both sides.

What is "Preconditions" in PDM ?

- Precondition are requirements before project starts.
- It mentions organizational, financial, juridical matters without which project can't starts.
- For instance, "Agricultural Cooperative is already working" can be one of the precondition, because it takes time to organize community organization from outside.

What is “External Conditions” in PDM ?

- External Conditions are necessary for the success of the project but cannot be controlled by the project.
- It is similar to “prior risk management”. Discuss what kinds of external risk are expected during the project period.

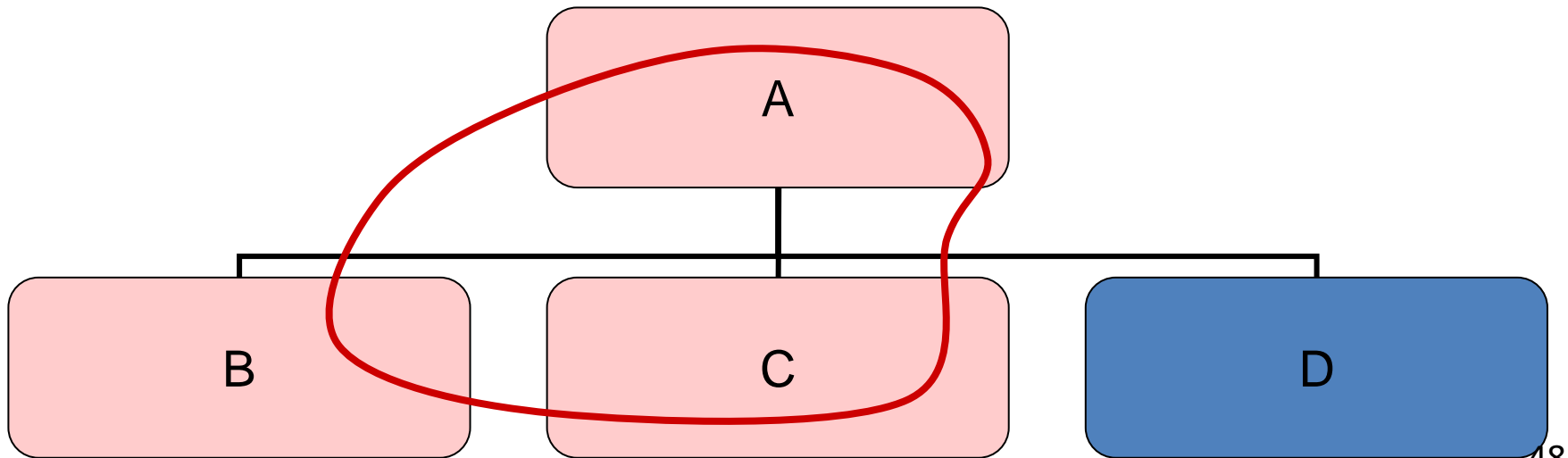
<Examples of external conditions>

- Weather (typhoons, earthquakes, droughts, floods, wildfires, etc.)
- Political and economic instability (hyper inflation, sharp change of interest rate/exchange rate, etc.)
- Policy changes, change of laws/systems, government budget shortage, political instability
- Worsening relationship with partner authorities

"External conditions" taken from the solution tree

In this solution tree, B, C, D are required in order to achieve A.

When the project only takes only B and C approaches, D might be an external condition.



How to read PDM (vertical logic)



| Project summary | Indicators | Data source | External conditions |
|--------------------------|---|-------------|---------------------------------------|
| Overall Goal | <i>would be attained in a few years</i> | | |
| Project objective | <i>If achieved</i> | | <i>If worst scenario not occurred</i> |
| Outputs | <i>If achieved</i> | | <i>If worst scenario not occurred</i> |
| Activities | Inputs | | <i>If worst scenario not occurred</i> |
| | | | Precondition |
| | <i>If secured</i> | | <i>If secured</i> |

Relevant factors for creating Indicators

- Levels that meet the needs of the target group
- National and prefectural averages
- Actual performance values of similar projects that have been successful
- Target values used by the countries with similar conditions
- Standard values set by experts

Elements of “indicators”

- ①What(**data to measure**)
- ②Who(**subject**)
- ③Where(**region, place**)
- ④How much will be reached
(**quantitative change target**)
- ⑤By when(**deadline for achievement**)
- ⑥Compared to what
(**Baseline**)

<Example>

Goal: “Increase income”



Indicator:

- ①The annual income
- ②of 2,700 farmers
- ③in ○○ district
- ④increase by more than 50%
- ⑤by 2011
- ⑥compared to 2008

Case study of Timur village

PDM(Example)

Project title

Target group/area

Period

Implementing Agency

| | Indicators | Source of Data | External Conditions |
|--|--|--|---|
| <u>Overall Goal</u> Farmers' income increases | Farmers' income increases by 20 % | Statistics of income by region | |
| <u>Project Purpose</u> Appropriate prices of products are maintained | Wholesale price of the product increase by 30% | 1. Sales records by the cooperative | Agricultural production do not decrease. |
| <u>Outputs</u> 1. Negotiation power of prices improves 2. Direct sales routes are developed | 1. Number of IT ex-participants of IT training amount to 200 farmers 2. Direct sales increase by 50% | 1.Data of training in the Cooperative 2. Marketing research | Consumption spending doesn't shrink. Transportation (fuel) costs don't hike. |
| 1-(1) Cooperative organizes IT training for farmers. 1-(2) Farmers learn market prices via internet. 2-(1) Cooperative executes market research and finds the best consumer market. 2-(2) Sales publicity is targeted to the best market. 2-(3) Direct sale routes to the best market are developed. | <u>Input</u> 1. Experts (IT, Marketing) 2. Laptops, Internet access 3. Training facilities 4. Recurrent cost | Outflow of young people from village doesn't increase <hr/> <u>Pre-conditions</u> ▪ Cooperative is working in the village ▪ New subsidiary fund is introduced by the government | |

Let's create your own PDM !



When you finish creating PDM,
let's create your own project paper!

Project document (example)

Project title is composed of project purpose + main outputs

**Project for Maintaining Appropriate
Prices for Agricultural Products
by Strengthening Information
Awareness and Marketing**

Implementing Agency

Name of Ministry

Background

- **Present Situation**

Please describe the gaps between Ideals and reality // policy and implementation

- **Main Problem**

Please choose a main problem from the gaps describe above

- **Main Countermeasure**

Please describe the countermeasure to cope with the problem described above. The countermeasure is the general idea of the project below.



Fill in the
templates by
yourself.

Main Activities

- Please list the activities to be implemented to attain the outputs above. Describe concrete activities corresponding to each output along the axis of time.

(1)-①

(1)-②

(1)-③

(2)-①

(2)-②

(3)-①

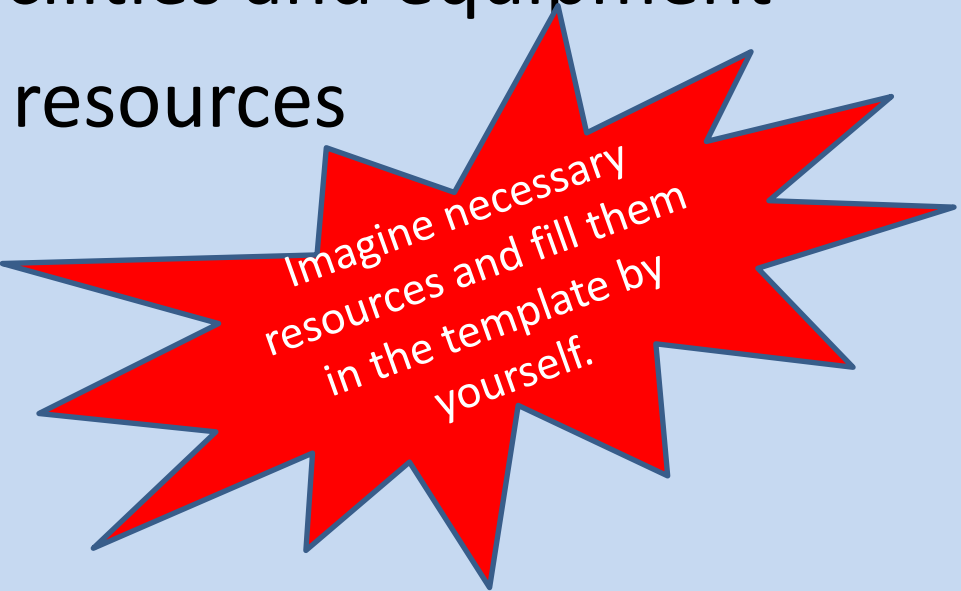
.....



Produce necessary
concrete activities and
fill them in the
template by yourself.

Preconditions

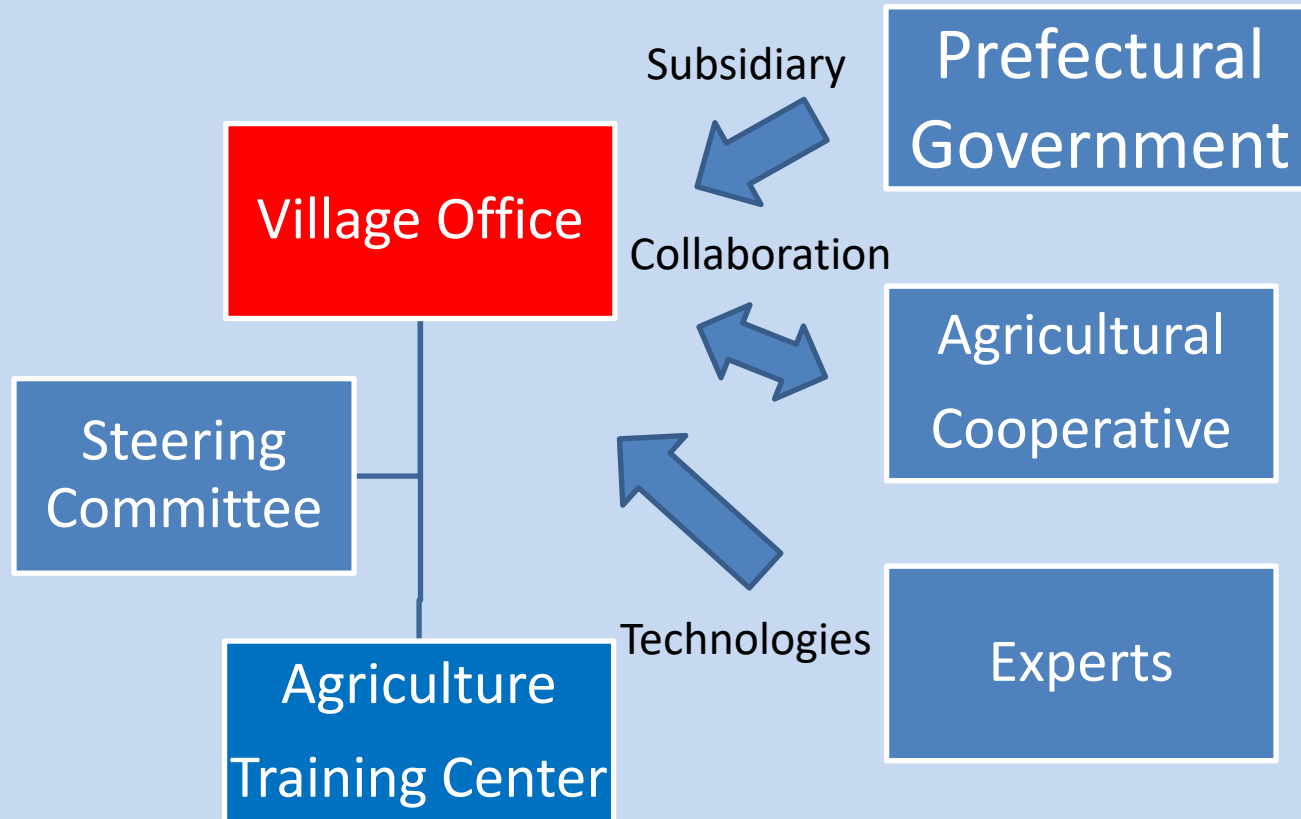
- Please list necessary resources before project begins.
 - Human resources
 - Technologies / Facilities and equipment
 - Funds / Financial resources

A red starburst graphic with a blue outline, containing text.

Imagine necessary resources and fill them in the template by yourself.

Implementing framework (Example)

Please draw a chart of a responsible institution and related organizations/departments/sections



Annual plan of implementation

Activity 1

[illegible]

Fill in the templates by yourself!

Activity 2

[illegible]

Cost Breakdown (Example)

| | Period | Activity | Duration | Items | Cost |
|-------|--|--|----------|---|----------|
| 1-(1) | 2022 Jun ~ 2022 September | Training of IT Basics | 4 Month | <ul style="list-style-type: none"> ▪ Allowance of lecturers ▪ Printed matters | \$ 1,000 |
| 1-(2) | 2022 September ~ 2022 October | Market price information gathering by farmers | 2 Month | <ul style="list-style-type: none"> ▪ Internet service providers charge ▪ IT consultant guidance fee | \$ 500 |
| 2-(1) | 2022 November ~ 2023 February | Marketing research | 4 Month | <ul style="list-style-type: none"> ▪ Consulting Fee | \$2,000 |